

SYSC BREAKOUT SESSION OUTLINE

This document should be used as a guide to the facilitator and not specifically to be used as a script. Facilitators are encouraged to make the sessions as interactive as possible, aiming for participant engagement throughout the session.

PREPARATION

ONE TO TWO WEEKS BEFORE THE SESSION

- Watch the Online Prep Program
- Review this guide
- Ensure that you have all the details – date, time, location, parking, etc.

TWO DAYS BEFORE THE SESSION

- Go through the Guide again and make any notes that you would find helpful



Suggested Topics for Group Discussion
Presentation and Agreement on Ground Rules
What was the most important thing you learned during the Hall of Famers talk? Why? (see next page for possible prompts)
Now what are you going to do differently when you get home or back to school based on what you heard?
What are some of the careers that you are interested in and why? How can some of these life lessons help you get there?
Are there any other issues that young people need guidance on based on your experience? What are they and why?
Summarize, Identify Spokespersons and help them prepare for presentation to larger group at closing assembly

GOAL IS TO COMPLETE THE SESSION WITHIN A 45 MINUTE TIMEFRAME

Welcome and Introductions

WELCOME participants to the breakout session.

INTRODUCE YOURSELF

HAVE participants introduce themselves if you have **less than 15 people**. If there are more, you can ask what schools they attend, what sports or activities they engage in, etc. just to get to know them and to establish group identity.

Note: Move very quickly through the introductions.

POSSIBLE OPENING COMMENT:

It looks like we have a great group of brilliant young people who are ready to talk about what you heard from the Hall of Famers.

Set the tone by telling them how you expect them to participate in the following ways:



Small Group – Round Robin – ask each person to state a thought or idea about what they heard

Large Group – Brainstorm by asking for volunteers to start contributing ideas. They should raise their hands to make a point

Session Format

POSSIBLE COMMENT:

Our purpose for this session is to give you the chance to reflect on what you heard from the Hall of Famers and for you to speak from your heart and share your thoughts and feelings. We are here to listen to You! OK, let's get started...

- **ASK - What was the most important thing you learned during the Hall of Famers talk? Why? (see next page for possible prompts)**
- **ALLOW 10 minutes for responses and summarize every few minutes.**

TRANSITION:

- **ASK - Now what are you going to do differently when you get home or back to school based on what you heard?**
- **ALLOW 10 minutes for responses and summarize every few minutes.**

TRANSITION:

- **ASK - What are some of the careers that you are interested in and why? How can some of these life lessons help you get there?**
- **ALLOW 10 minutes for responses and summarize every few minutes.**

TRANSITION:

- **ASK – Are there any other issues that young people need guidance on based on your experience? What are they and why?**
- **ALLOW 5 minutes for responses and summarize every few minutes.**

TRANSITION:

- **ASK: Who would like to volunteer to be the spokespersons for this session?**

What are the main ideas that we want our spokesperson(s) to share with the larger audience?

- Discuss and acknowledge all responses and summarize
- Circle the top 3 items for the spokespersons to discuss

CLOSE:

Thank all the participants for sharing and expressing their ideas. Tell them what comes next. Add your own comments about how important they are, and how much their opinions matter.

- Ask them to give themselves a round of applause, high-fives, etc.

Note of Thanks to You



Thanks for a job well done. You have made a difference today. Give yourself a pat on the back. Discuss your impressions of the session with the other adults and be prepared to give your feedback on the evaluations.

